

### **New Patient Information Handout**

We take time and effort at the beginning to help you understand what causes disease and breakdown, and discuss your goals for healthy teeth. After the plan is made for you, it is in your best interests to follow through quickly to minimize additional treatment and cost associated with delays. If you have questions, I would be happy to review them with you.

- Sensitive Teeth? The TWO significant causes: a) acid producing bacteria b) Toothpastes & Mouthwash containing tartar control and whitening will demineralize the teeth (as side effect). Even if beneficial components are present, the harmful components will overcome and cause sensitivity.
- Smoking? Accelerates Periodontal Disease by making the bacteria more aggressive; and impairs the body's immune system.
- Chew gum? Associated with arthritis in Jaw' joint.
- Chew ice? Thermal changes (rapid expansion & contraction).....CRACKS!
- Missing teeth? Jawbones recede (disappear) following tooth loss, remember the bone marrow of the jaws is needed to produce red blood cells, decreasing the risk of old age anemia.
- Allergic to "junk jewelry"? The cheap stuff IS BAD for you; if your ears and fingers object, so will your gums as well. All of OUR restorations are **non-allergenic**, high quality for your protection.
- Suffer from "Dental Reluctance?" The habitual avoider often has a history of emergencies, missed opportunities, and missing teeth. Lets' begin!
- Digital X-rays: Using digital imaging sensor and laser scanner technology, you get a lot less radiation and we get a better image than r- ray film).
- Be sensible about technology: It should serve us, not dictate to us. Do you want your records on the "safety" of the internet? To protect your computerized records we avoid E-mails and downloads!
- Emphasis on PREVENTION! We spend a great deal of **time** demonstrating what causes dental disease and what you can do about it. We make you more secure about your situation and future. Quality care requires time!

### Beware of “discounts” and “free offers\*”

Its good advice to shop for the lowest price when comparing different retail stores for the same factory made boxed item.

Consider making the relationship with your dentist an ongoing process. In my experience, patients who regularly see the hygienist as prescribed will need the dentist for fewer repairs. Discounts and free offers won't pay for quality materials and experienced technicians. Diligent home care and regular visits combine for the most economical and predictable outcome.